

# Animations of the week

Monday

We are  
preparing  
the  
activities for  
the  
summer's  
activities!

Tuesday

We are  
preparing  
the  
activities for  
the  
summer's  
activities!

Wednesday

We are  
preparing  
the  
activities  
for the  
summer's  
activities!

Thursday

We are  
preparing  
the  
activities  
for the  
summer's  
activities!

Friday

We are  
preparing  
the  
activities  
for the  
summer's  
activities!

Saturday

We are  
preparing  
the  
activities  
for the  
summer's  
activities!

Sunday

09 July

9 - 10.30 am: Family  
Brunch

(With fee for the breakfast,  
and with a reservation)

**At the campsite restaurant**  
French Cartoons and  
colouring papers

4 - 8 pm: Games and  
Creative activities

(Create bracelets and  
origami)

**At the verdant theatre**

8 pm: Bingo night

Come to play and try to  
earn one of the numerous  
prizes!

**With fee for the lottery  
grid (buy it at the  
reception)**

**Meet you at the campsite  
restaurant**

*The Nantes Camping team wishes you a wonderful stay with us !*



# Animations of the week

## Monday

10 July

9.30 - 10.30 am:  
Morning stretches  
session

At our verdant theatre

4-6 pm: Archery

10 max per session -  
Reservations with your  
activity leaders  
At our verdant theatre

9.15 pm: Open air  
movie

At our verdant theatre  
Playmobil the film

Subject to favourable  
weather conditions

## Tuesday

11 July

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to reserve -  
12 max  
At the activities Cottage

10 am - 12 pm: Cruise in  
canoe:

16 max. Reservations at the  
reception  
Behind the campsite restaurant

3 - 5 pm: activities with  
LPO44\*

At the reception to reserve -  
12 children/parents max  
At the activities Cottage  
Creation of nest box for the  
campsite

6.30 - 9.30 pm: The Nantes  
Campsite's Market

Ride in pony, music's concert at  
campsite restaurant

Subject to favourable  
weather conditions

## Wednesday

12 July

9.30 - 10.30 am:  
Activity with no rubbish:

At the reception to  
reserve - 10 duos  
parents/children max  
At the activities Cottage  
Creation of modelling clay

2.30 - 5.30 pm:  
Children's club (6 - 12  
years old)

At the reception to  
reserve - 12 max  
At the activities Cottage

8.30 pm: Evening for  
children

Magic show at the  
restaurant of the campsite  
with Hugo L Mago

## Thursday

13 July

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to  
reserve - 12 max  
At the activities Cottage

1.30 - 5.30 pm: Guided  
tour

With fee - Reservations  
with your activity leaders  
- 16 max  
At the verdant theatre

7.30 pm: Blind Test /  
Drink quiz

Evening at the campsite  
restaurant

8.30 - 10 pm: music  
evening

At the campsite  
restaurant  
The Sassy Swingers

## Friday

14 July

9.30 - 11.30 am:  
Climate's fresco

At the reception to  
reserve - 7 families/pers  
max, from 12 y-o  
At the activities Cottage

2.30 pm - 5.30 pm:  
Children's club (6 - 12  
years old)

Meet you at the reception  
to reserve - 12 max  
At the activities Cottage

6 - 7 pm: Yoga with  
Céline

At the reception to  
reserve - 20 pers max  
At the verdant theatre

8.30 pm: Show

Head to the campsite  
restaurant for a hypnosis  
show with Mr Schneider

## Saturday

15 July

Relaxing day for our  
activity leaders

## Sunday

16 July

9 - 10.30 am: Family  
Brunch

(With fee for the breakfast,  
and with a reservation)

At the campsite restaurant  
French Cartoons and  
colouring papers

4 - 8 pm: Games and  
Creative activities

(Create bracelets and  
origami)

At the verdant theatre

8 pm: Bingo night

Come to play and try to  
earn one of the numerous  
prizes!

With fee for the lottery  
grid (buy it at the  
reception)  
Meet you at the campsite  
restaurant

The Nantes Camping team wishes you a wonderful stay with us!





# Animations of the week

## Monday

17 July

9.30 - 10.30 am:  
Morning stretches  
session

At our verdant theatre

4-6 pm: Archery

10 max per session -  
Reservations with your  
activity leaders  
At our verdant theatre

9.15 pm: Open air  
movie

At our verdant theatre  
Astérix le domaine des  
dieux

Subject to favourable  
weather conditions

## Tuesday

18 July

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to reserve -  
12 max  
At the activities Cottage

10 am - 12 pm: Cruise in  
canoe:

16 max. Reservations at the  
reception  
Behind the campsite  
restaurant

3 - 5 pm: activities with  
LPO44\*

At the reception to reserve -  
12 children max  
At the activities Cottage  
Creation of toys made with  
our nature (dreamcatcher...)

6.30 - 9.30 pm: The Nantes  
Campsite's Market

Ride in pony, music's concert  
at **campsite restaurant**

Subject to favourable  
weather conditions

## Wednesday

19 July

10.30 am - 12.30 pm:  
Mole Professor

At the verdant theatre to  
discover the nature of the  
campsite (insects, plants...)

2.30 - 5.30 pm:  
Children's club (6 - 12  
years old)

At the reception to  
reserve - 12 max  
At the activities Cottage

8.30 pm: Evening for  
children

Evening for children at  
the **verdant theatre**

## Thursday

20 July

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to  
reserve - 12 max  
At the activities Cottage

1.30 - 5.30 pm: Guided  
tour

With fee - Reservations  
with your activity leaders  
- 16 max  
At the verdant theatre

7.30 pm: Blind Test /  
Drink quiz

Evening at the campsite  
restaurant

8.30 - 10 pm: music  
evening

At the campsite  
restaurant  
Irish Sky Duo

## Friday

21 July

9.30 - 11.30 am:  
Climate's fresco

At the reception to  
reserve - 7 families/pers  
max, from 12 y-o  
At the activities Cottage

2.30 pm - 5.30 pm:  
Children's club (6 - 12  
years old)

Meet you at the reception  
to reserve - 12 max  
At the activities Cottage

6 - 7 pm: Yoga with  
Céline

At the reception to  
reserve - 20 pers max  
At the verdant theatre

8.30 pm: Show

Head to the **campsite**  
**restaurant** for a magical  
show with Quentin Even

## Saturday

22 July

Relaxing day for our  
activity leaders

## Sunday

23 July

9 - 10.30 am: Family  
Brunch

(With fee for the breakfast,  
and with a reservation)

At the campsite restaurant  
French Cartoons and  
colouring papers

4 - 8 pm: Games and  
Creative activities

(Create bracelets and  
origami)

At the verdant theatre

8 pm: Bingo night

Come to play and try to  
earn one of the numerous  
prizes!

With fee for the lottery  
grid (buy it at the  
reception)  
Meet you at the campsite  
restaurant

The Nantes Camping team wishes you a wonderful stay with us!

# Animations of the week

## Monday

24 July

9.30 - 10.30 am:  
Morning stretches  
session

At our verdant theatre

4-6 pm: Archery

10 max per session -  
Reservations with your  
activity leaders  
At our verdant theatre

9.15 pm: Open air  
movie

At our verdant theatre  
Les Minions

Subject to favourable  
weather conditions

## Tuesday

25 July

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to reserve -  
12 max  
At the activities Cottage

10 am - 12 pm: Cruise in  
canoe:

16 max. Reservations at the  
reception  
Behind the campsite  
restaurant

3 - 5 pm: activities with  
LPO44\*

At the reception to reserve -  
12 children/parents max  
At the activities Cottage  
Creation of nest box for the  
campsite

6.30 - 9.30 pm: The Nantes  
Campsite's Market

Ride in pony, music's concert  
at campsite restaurant

Subject to favourable  
weather conditions

## Wednesday

26 July

10.30 am - 12.30 pm:  
Activities with LPO44\*

At the verdant theatre  
You will discover the Erdre  
and the Cens River with a  
nature lover

2.30 - 5.30 pm:  
Children's club (6 - 12  
years old)

At the reception to  
reserve - 12 max  
At the activities Cottage

8.30 pm: Evening for  
children

Magic show at the  
restaurant of the campsite  
with Hugo L Mago

## Thursday

27 July

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to reserve -  
12 max  
At the activities Cottage

3 - 5 pm:  
Mole Professor

At the verdant theatre to  
discover the nature of the  
campsite (insects, plants...)

1.30 - 5.30 pm: Guided  
tour

With fee - Reservations with  
your activity leaders - 16 max  
At the verdant theatre

7.30 pm: Blind Test / Drink  
quiz

Evening at the campsite  
restaurant

8.30 - 10 pm: Music evening

At the campsite restaurant  
The DreamCatchers

## Friday

28 July

9.30 - 11.30 am:  
Climate's fresco

At the reception to  
reserve - 7 families/pers  
max, from 12 y-o  
At the activities Cottage

2.30 pm - 5.30 pm:  
Children's club (6 - 12  
years old)

Meet you at the reception  
to reserve - 12 max  
At the activities Cottage

6 - 7 pm: Yoga with  
Céline

At the reception to  
reserve - 20 pers max  
At the verdant theatre

8.30 pm: Music evening

Head to the campsite  
restaurant to listen  
Rebecca

## Saturday

29 July

Relaxing day for our  
activity leaders

## Sunday

30 July

9 - 10.30 am: Family  
Brunch

(With fee for the breakfast,  
and with a reservation)

At the campsite restaurant  
French Cartoons and  
colouring papers

4 - 8 pm: Games and  
Creative activities

(Create bracelets and  
origami)

At the verdant theatre

8 pm: Bingo night

Come to play and try to  
earn one of the numerous  
prizes!

With fee for the lottery  
grid (buy it at the  
reception)  
Meet you at the campsite  
restaurant

The Nantes Camping team wishes you a wonderful stay with us!



# Animations of the week

## Monday

31 July

9.30 - 10.30 am:  
Morning stretches  
session

At our verdant theatre

4-6 pm: Archery

10 max per session -  
Reservations with your  
activity leaders  
At our verdant theatre

9.15 pm: Open air  
movie

At our verdant theatre  
Bécassine!

Subject to favourable  
weather conditions

## Tuesday

01 August

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to  
reserve - 12 max  
At the activities Cottage

2.30 pm - 5.30 pm:  
Children's club (6 - 12  
years old)

Meet you at the  
reception to reserve - 12  
max  
At the activities Cottage

6.30 - 9.30 pm: The  
Nantes Campsite's  
Market

Ride in pony, music's  
concert at **campsite**  
**restaurant**

Subject to favourable  
weather conditions

## Wednesday

02 August

9.30 - 10.30 am:  
Activity with no rubbish:

At the reception to reserve -  
10 duos parents/children max  
At the activities Cottage  
Creation of modelling clay

10.30 am - 12.30 pm:  
Activities with LPO44\*

At the verdant theatre  
You will discover the Erdre and  
the Cens River with a nature  
lover

2.30 - 5.30 pm: Children's  
club (6 - 12 years old)

At the reception to reserve -  
12 max  
At the activities Cottage

8.30 pm: Evening for  
children

Magic show at the **restaurant**  
of the **campsite** with Hugo L  
Mago

## Thursday

03 August

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to reserve  
- 12 max  
At the activities Cottage

1.30 - 5.30 pm: Guided  
tour

With fee - Reservations  
with your activity leaders -  
16 max  
At the verdant theatre

7.30 pm: Blind Test /  
Drink quiz

Evening at the **campsite**  
**restaurant**

8.30 - 10 pm: Music  
evening

At the **campsite restaurant**  
The Sassy Swingers

## Friday

04 August

9.30 - 11.30 am:  
Climate's fresco

At the reception to  
reserve - 7 families/pers  
max, from 12 y-o  
At the activities Cottage

2.30 pm - 5.30 pm:  
Children's club (6 - 12  
years old)

Meet you at the reception  
to reserve - 12 max  
At the activities Cottage

6 - 7 pm: Yoga with  
Céline

At the reception to  
reserve - 20 pers max  
At the verdant theatre

8.30 pm: Show

Head to the **campsite**  
**restaurant** for a magical  
show with Hugo L Mago

## Saturday

05 August

Relaxing day for our  
activity leaders

## Sunday

06 August

9 - 10.30 am: Family  
Brunch

(With fee for the breakfast,  
and with a reservation)

At the **campsite restaurant**  
French Cartoons and  
colouring papers

4 - 8 pm: Games and  
Creative activities

(Create bracelets and  
origami)

At the verdant theatre

8 pm: Bingo night

Come to play and try to  
earn one of the numerous  
prizes!

With fee for the lottery  
grid (buy it at the  
reception)  
Meet you at the **campsite**  
**restaurant**

The Nantes Camping team wishes you a wonderful stay with us!

Information at the reception - Everyday from 8 am to 8 pm.

# Animations of the week

## Monday

07 August

9.30 - 10.30 am:  
Morning stretches  
session

At our verdant theatre

4-6 pm: Archery

10 max per session -  
Reservations with your  
activity leaders  
At our verdant theatre

9.15 pm: Open air  
movie

At our verdant theatre  
Astérix et Obélix au service  
de sa majesté

Subject to favourable  
weather conditions

## Tuesday

08 August

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to  
reserve - 12 max  
At the activities Cottage

3 - 5 pm: activities with  
LPO44\*

At the reception to  
reserve - 12 children max  
At the activities Cottage  
Creation of toys made with  
our nature  
(dreamcatcher...)

6.30 - 9.30 pm: The  
Nantes Campsite's  
Market

Ride in pony, music's  
concert **at campsite  
restaurant**

Subject to favourable  
weather conditions

## Wednesday

09 August

9.30 - 10.30 am:  
Activity with no rubbish:

At the reception to reserve  
- 10 duos parents/children  
max  
At the activities Cottage  
Creation of modelling clay

2.30 - 5.30 pm:  
Children's club (6 - 12  
years old)

At the reception to reserve  
- 12 max  
At the activities Cottage

8.30 pm: Evening for  
children

Evening for children at  
**the verdant theatre**

## Thursday

10 August

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to reserve  
- 12 max  
At the activities Cottage

1.30 - 5.30 pm: Guided  
tour

With fee - Reservations  
with your activity leaders -  
16 max  
At the verdant theatre

7.30 pm: Blind Test /  
Drink quiz

Evening at the campsite  
restaurant

8.30 - 10 pm: Music  
evening

At the campsite restaurant  
Irish Sky Duo

## Friday

11 August

9.30 - 11.30 am:  
Climate's fresco

At the reception to  
reserve - 7 families/pers  
max, from 12 y-o  
At the activities Cottage

2.30 pm - 5.30 pm:  
Children's club (6 - 12  
years old)

Meet you at the reception  
to reserve - 12 max  
At the activities Cottage

6 - 7 pm: Yoga with  
Céline

At the reception to  
reserve - 20 pers max  
At the verdant theatre

8.30 pm: Show

Head to **the campsite  
restaurant** for a hypnosis  
show with Mr Schneider

## Saturday

12 August

Relaxing day for our  
activity leaders

## Sunday

13 August

9 - 10.30 am: Family  
Brunch

(With fee for the breakfast,  
and with a reservation)

At the campsite restaurant  
French Cartoons and  
colouring papers

4 - 8 pm: Games and  
Creative activities

(Create bracelets and  
origami)

At the verdant theatre

8 pm: Bingo night

Come to play and try to  
earn one of the numerous  
prizes!

With fee for the lottery  
grid (buy it at the  
reception)  
Meet you at the campsite  
restaurant

The Nantes Camping team wishes you a wonderful stay with us!

Information at the reception - Everyday from 8 am to 8 pm.



# Animations of the week

## Monday

14 August

9.30 - 10.30 am:  
Morning stretches  
session

At our verdant theatre

4-6 pm: Archery

10 max per session -  
Reservations with your  
activity leaders  
At our verdant theatre

9.15 pm: Open air  
movie

At our verdant theatre  
Gaston Lagaffe

Subject to favourable  
weather conditions

## Tuesday

15 August

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to reserve -  
12 max  
At the activities Cottage

10.30 am - 12.30 pm:  
Mole Professor

At the verdant theatre to  
discover the nature of the  
campsite (insects, plants...)

2.30 - 5.30 pm: Children's  
club (6 - 12 years old)

At the reception to reserve -  
12 max  
At the activities Cottage

6.30 - 9.30 pm: The Nantes  
Campsite's Market

Ride in pony, music's concert  
at **campsite restaurant**

Subject to favourable  
weather conditions

## Wednesday

16 August

9.30 - 10.30 am:  
Activity with no rubbish:

At the reception to reserve  
- 10 duos parents/children  
max

At the activities Cottage  
Creation of modelling clay

2.30 - 5.30 pm:  
Children's club (6 - 12  
years old)

At the reception to reserve  
- 12 max  
At the activities Cottage

8.30 pm: Evening for  
children

Evening for children at  
the **verdant theatre**

## Thursday

17 August

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to reserve  
- 12 max  
At the activities Cottage

1.30 - 5.30 pm: Guided  
tour

With fee - Reservations  
with your activity leaders -  
16 max  
At the verdant theatre

7.30 pm: Blind Test /  
Drink quiz

Evening at the campsite  
restaurant

8.30 - 10 pm: Music  
evening

At the campsite restaurant  
The DreamCatchers

## Friday

18 August

9.30 - 11.30 am:  
Climate's fresco

At the reception to  
reserve - 7 families/pers  
max, from 12 y-o  
At the activities Cottage

2.30 pm - 5.30 pm:  
Children's club (6 - 12  
years old)

Meet you at the reception  
to reserve - 12 max  
At the activities Cottage

6 - 7 pm: Yoga with  
Céline

At the reception to  
reserve - 20 pers max  
At the **verdant theatre**

8.30 pm: Show

Head to the **campsite**  
**restaurant** for a magical  
show with Quentin Even

## Saturday

19 August

Relaxing day for our  
activity leaders

## Sunday

20 August

9 - 10.30 am: Family  
Brunch

(With fee for the breakfast,  
and with a reservation)

At the campsite restaurant  
French Cartoons and  
colouring papers

4 - 8 pm: Games and  
Creative activities

(Create bracelets and  
origami)

At the **verdant theatre**

8 pm: Bingo night

Come to play and try to  
earn one of the numerous  
prizes!

With fee for the lottery  
grid (buy it at the  
reception)

Meet you at the campsite  
restaurant

The Nantes Camping team wishes you a wonderful stay with us!

Information at the reception - Everyday from 8 am to 8 pm.



# Animations of the week

## Monday

21 August

9.30 - 10.30 am:  
Morning stretches  
session

At our verdant theatre

4-6 pm: Archery

10 max per session -  
Reservations with your  
activity leaders  
At our verdant theatre

9.15 pm: Open air  
movie

At our verdant theatre  
Astérix et la potion  
magique

Subject to favourable  
weather conditions

## Tuesday

22 August

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to reserve -  
12 max  
At the activities Cottage

10 am - 12 pm: Cruise in  
canoe:

16 max. Reservations at the  
reception  
Behind the campsite  
restaurant

3 - 5 pm:  
Mole Professor

At the verdant theatre to  
discover the nature of the  
campsite (insects, plants...)

6.30 - 9.30 pm: The Nantes  
Campsite's Market

Ride in pony, music's concert  
at campsite restaurant

Subject to favourable  
weather conditions

## Wednesday

23 August

9.30 - 10.30 am:  
Activity with no rubbish:

At the reception to reserve  
- 10 duos parents/children  
max

At the activities Cottage  
Creation of modelling clay

2.30 - 5.30 pm:  
Children's club (6 - 12  
years old)

At the reception to reserve  
- 12 max  
At the activities Cottage

8.30 pm: Evening for  
children

Evening for children at  
the verdant theatre

## Thursday

24 August

9 am - 12 pm: Children's  
club (6 - 12 years old)

At the reception to reserve  
- 12 max  
At the activities Cottage

1.30 - 5.30 pm: Guided  
tour

With fee - Reservations  
with your activity leaders -  
16 max  
At the verdant theatre

7.30 pm: Blind Test /  
Drink quiz

Evening at the campsite  
restaurant

8.30 - 10 pm: Music  
evening

At the campsite restaurant  
The DreamCatchers

## Friday

25 August

9.30 - 11.30 am:  
Climate's fresco

At the reception to  
reserve - 7 families/pers  
max, from 12 y-o  
At the activities Cottage

2.30 pm - 5.30 pm:  
Children's club (6 - 12  
years old)

Meet you at the reception  
to reserve - 12 max  
At the activities Cottage

6 - 7 pm: Yoga with  
Céline

At the reception to  
reserve - 20 pers max  
At the verdant theatre

8.30 pm: Show

Head to the campsite  
restaurant for a magical  
show with Hugo L Mago

## Saturday

26 August

Relaxing day for our  
activity leaders

## Sunday

27 August

9 - 10.30 am: Family  
Brunch

(With fee for the breakfast,  
and with a reservation)

At the campsite restaurant  
French Cartoons and  
colouring papers

4 - 8 pm: Games and  
Creative activities

(Create bracelets and  
origami)  
At the verdant theatre

8 pm: Bingo night

Come to play and try to  
earn one of the numerous  
prizes!

With fee for the lottery  
grid (buy it at the  
reception)  
Meet you at the campsite  
restaurant

The Nantes Camping team wishes you a wonderful stay with us!

Information at the reception - Everyday from 8 am to 8 pm.



# Animations of the week

## Monday

28 August

9.30 - 10.30 am:  
Morning stretches  
session

At our verdant theatre

9.15 pm: Open air  
movie

At our verdant theatre  
Le Petit Spirou

*Subject to favourable  
weather conditions*

## Tuesday

29 August

10 am - 12 pm: Cruise in  
canoe:

16 max. Reservations at the  
reception  
Behind the campsite  
restaurant

10 am - 12 pm: Activities  
with LPO44\*

**At the verdant theatre**  
You will discover the Erdre  
and the Cens River with a  
nature lover

2.30 - 5.30 pm:  
Children's club (6 - 12  
years old)

**At the reception to**  
**reserve - 12 max**  
**At the activities Cottage**

6.30 - 9.30 pm: The Nantes  
Campsite's Market

Ride in pony, music's concert  
at **campsite restaurant**

*Subject to favourable*

## Wednesday

30 August

9.30 - 10.30 am:  
Activity with no rubbish:

**At the reception to reserve**  
**- 10 duos parents/children**  
**max**

**At the activities Cottage**  
Creation of modelling clay

2.30 - 5.30 pm:  
Children's club (6 - 12  
years old)

**At the reception to reserve**  
**- 12 max**  
**At the activities Cottage**

8.30 pm: Evening for  
children

Evening for children at  
**the verdant theatre**

## Thursday

31 August

9 am - 12 pm: Children's  
club (6 - 12 years old)

**At the reception to reserve**  
**- 12 max**  
**At the activities Cottage**

1.30 - 5.30 pm: Guided  
tour

**With fee - Reservations**  
**with your activity leaders -**  
**16 max**  
**At the verdant theatre**

7.30 pm: Blind Test /  
Drink quiz

Evening at the campsite  
restaurant

8.30 - 10 pm: Music  
evening with the Erdre

**At the campsite restaurant**

## Friday

01 September

9.30 - 11.30 am:  
Climate's fresco

**At the reception to**  
**reserve - 7 families/pers**  
**max, from 12 y-o**  
**At the activities Cottage**

2.30 pm - 5.30 pm:  
Children's club (6 - 12  
years old)

**Meet you at the reception**  
**to reserve - 12 max**  
**At the activities Cottage**

6 - 7 pm: Yoga with  
Céline

**At the reception to**  
**reserve - 20 pers max**  
**At the verdant theatre**

8.30 pm: Music Show

Head to **the campsite**  
**restaurant** to listen  
Rebecca

## Saturday

02 September

**It's the end of the**  
**activities, we hope**  
**you loved it!**

## Sunday

03 September

**It's the end of the**  
**activities, we hope**  
**you loved it!**

The Nantes Camping team wishes you a wonderful stay with us!

Information at the reception - Everyday from 8 am to 8 pm.